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WC3 MANAGER

Tanya Valis

5995 Greenwood Plaza Blvd., Suite 240 Greenwood Village, CO 80111

303 459-4919

Email: tanya.valis@rowcal.com

POOL MANAGEMENT:

Perfect Pools 303-795-1191 hb@perfect-pools.com

SWIM TEAM:

wc3dolphins.com | swim@wc3dolphins.com

TRASH REMOVAL/RECYCLING:

Waste Connections: 303-288-2100

WILLOW CREEK WOMEN'S CLUB

willowcreekwomensclub@gmail.com
Chair: Natisha Doherty
natisha.doherty@yahoo.com | 303-694-0798

POOL & TENNIS COURT KEYCARD:

RowCal: 303 459-4919 Email: careteam@RowCal.com

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Advertise in the April issue of Willow Works

Deadline to advertise is March 20th E-mail kerri@porchlink.com for rates & info

Letter from the Board

Hello Willow Creek 3 residents.

Spring is almost here, and we are excited to bring you the latest news and updates from your Homeowners Association (HOA).

Amenities Updates:

Our landscaping team is hard at work preparing for the upcoming growing season, and we expect to plant several trees around the neighborhood. Many thanks to several community members who volunteered their time to develop a planting plan to enhance our community's beautiful landscape.

Additionally, the board is progressing on several projects to be completed this spring, including replacing the fence along Quebec and renovating the lower-level of the clubhouse.

HOA Dues & Updates:

Just a reminder that HOA dues are due on the 1st of every month. If you have any questions about your account or need to make a payment, please contact our management company.

Also, we are sunsetting the community email address. In order to support appropriate record keeping and workflows, please submit any inquiries or requests through the management company.

Thank you for being a part of the Willow Creek 3 community. We hope you have a wonderful March and look forward to seeing you at our upcoming events.

Sincerely,

The HOA Board

Willow Creek Women's Club Events

Sponsored by Willow Creek Women's Club | Submitted by Anne Bonelli

St. Patrick's Day Celebration: Join us on Thursday, March 9 from 5 to 7 p.m. to celebrate St. Patrick's Day at Slattery's Irish Pub located at The Landmark, 5364 Greenwood Plaza Blvd, Greenwood Village. Happy Hour ends at 6 p.m. Check out the Happy Hour menu at https://www.slatteryspubandgrill.com/happy-hour-drinks. RSVP to Fiona Maguire-O'Shea at fiona_emeraldisle@yahoo.com to ensure you have a spot at the table.



Easter Egg Hunt: Save the date for the annual Willow Creek Easter Egg Hunt on Saturday, April 8 at 10 a.m. at the Willow Way Clubhouse. Volunteers are needed to help stuff eggs and help on the day of the event. Have a kid who needs volunteer hours? This is a perfect event. Please email willowcreekwomensclub@gmail.com to volunteer. We also need plastic eggs. Email if you

have some to donate.

Volunteers Needed

Calling all would be, want to be, and those that already are Master Gardeners. Willow Creek III is starting a grounds committee and needs volunteers to help develop a purpose and vision to update, maintain, beautify, and improve our community's landscaping.

Walking the neighborhood is a must! If interested, please contact Donna at WC3grounds@gmail.com.



in this issue

- P.4: Dolphins Swim Team & Tennis News
- P. 6: Green Eggs & Acupuncture
- P. 9: WC3 Board Meeting Highlights
- P. 10: Forgotten Heroes Campaign
- P. 10: 2023 Willow Creek Neighborhood Garage Sale- Saturday, April 22, 2023
- P. 13: Irish Stew
- P. 15: Natural Neighbors

Willow Creek 3 Board Meetings

Board Meetings are held at 6 p.m. the 2nd Thursday of each month.

The Architectural Control Committee meets at 6 p.m. the 1st Monday of each month.

Meetings are held at the Willow Creek III clubhouse: 8091 East Phillips Circle



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Liz Waldmann 303-956-2765

Dan Waldmann 303-570-5579



Community Contacts

Perfect Pools (WC3 pool management): 303-795-1191 hb@perfect-pools.com

JBK Landscape: Email the WC III community manager with questions: careteam@rowcal.com

Waste Management (trash and recycling) 303-288-2100

Dolphins Swim Team (Willow Creek 3 youth swim team) swim@wc3dolphins.com

Willow Creek Tennis Club: Stephanie Burt, Chair willowcreek123tennis@gmail.com | www.willowcreektennisclub.com

Organizes tennis activities for all 3 Willow Creek communities.

Willow Creek Women's Club: willowcreekwomensclub@gmail.com

Street Lights

City street repairs (not HOA alleyways)—if you see potholes in the city streets, please submit a request for repair using the City of Centennial website [no, it will not cost you to report it]:

https://www.centennialco.gov/Government/Departments/Public-Works/Street-Maintenance.

Street Lights out – to get this fixed, report it on Xcel Energy's website [no, it will not cost you to report it]

https://www.xcelenergy.com/outages_and_emergencies/report_outage

Arapahoe County Sheriff's Office Non-emergency: 303-795-4711

The ACSO provides police services under contract with the Centennial.

City of Centennial Information Line: 303-325-8000

www.centennialco.gov

Available 24/7 to answer questions and direct you where to go for help.

City of Centennial Animal Control: 303-325-8070

South Suburban Parks and Recreation: 303-798-5131

South Metro Safety Foundation: 303-805-0228 | 720-989-2260

Classes offered by this organization include: CPR, Driver Awareness, Teen Crash Avoidance, Super Sitting Babysitting. They also do child car seat inspections.





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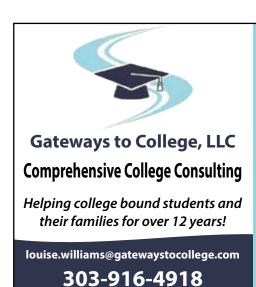
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Please see the Willow Creek 3 Teen Services in the printed newsletter.



Want to share something in the
Willow Works newsletter?
Submission deadline is the 20th of the
preceding month.





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Page 3

ABOUT THE DOLPHINS...

Willow Creek III has a summer swim team!

It is a must for all of the kids in the neighborhood and surrounding areas. You don't have to be a Willow Creek resident to join!

It is a great place to practice what the kids may already know, learn more and learn other strokes and generally be more comfortable and proficient around the water. And they usually have a lot fun while they're at it! Plus hanging out with their friends or meeting new friends!

Our team is for all abilities and levels with an emphasis on learning to swim better. There are a handful of year-round swimmers, but the big majority of the team is kids having fun for the first part of the summer. Many swimmers have little or no experience when they start, and it's our job to introduce them to the sport of swimming.

Summer Swim Team Details...

Willow Creek III Dolphin Swim Team is open to kids age 4-18.

Season starts mid-May and ends mid-July. Our swim team is open to resident and non-resident swimmers. Registration normally opens mid-March. We want swimmers registered by the May 20th to order team swimsuits.

Join the WILLOW CREEK III

SWIM TEAM

Check out www.wc3dolphins.com for more information
** open to residents and non-residents **

Willow Creek III Dolphins

Overall, swim team is great! Having the kids in the water each and every day is extremely beneficial to learn to swim!

Our website is loaded with plenty of information! www.wc3dolphins.com

Dolphin Mission Statement

We exist to provide a fun, safe, supportive environment for swimmers of all ages and abilities. Our goal is to bring out the best in all of our swimmers by helping to build up their swim skills, as well as promote self-confidence, discipline, leadership and teamwork.

DOLPHINS

Being a Dolphin is FUN!

The goal of the Dolphin Swim Team, coaches, and volunteer swim board is to make swimming and competing as a Dolphin an enjoyable, recreational activity for swimmers and their families.

Regardless of ability, all swimmers are on the same team; they are Dolphins! We encourage sportsmanship amongst our own swimmers, and between our swimmers and their competitors on other teams. It is heartwarming to see the older teens interact with the younger swimmers. We try to make swimming fulfilling, as well as fun, and hope our Dolphins will make swimming a lifetime activity.

About the Willow Creek 3 Swim Team

The Willow Creek III Swim Team is a 501(c)(3) non-profit origination based in Centennial, Colorado. We are a summer swim team that is a must for all of the kids in the neighborhood as well as their friends outside of Willow Creek.

Our swim team has been a staple in the neighborhood for over 25 years.

The Willow Creek III Dolphin Swim Team is in Division D of the Mountain Hi Swim League.

March 2023 Tennis Talk

Submitted by Stephanie Burt, WCTCC Chair

Summertime is coming, let's talk about those kids! If you are looking for a fun, safe, and healthy outlet for your child this summer, then look no further than the lessons and junior tennis programs run out of Willow Creek. Tennis is an amazing outlet for kid's boundless energy. Other than the physical perks of the sport, there are also lessons in sportsmanship, mental health benefits, and opportunities to meet new friends. Personally, I started taking tennis lessons in elementary school and it has led to a lifetime of fun!! Willow Creek has a Pro that runs the junior programing. Please see ryanfreemantennis.com for more information on programming or email willowcreektennis123@gmail.com with your questions.

The first USTA season for adults is rapidly approaching, but you don't have to be on a team to enjoy the game. Tennis is always open for everyone!! Singles, Doubles, Newbies, Pros, all ages, everyone! Keep your eyes open for neighborhood tennis socials, play in a flex league or tournament, or get involved with lessons. "If you can smash things, you can tennis. So what are you waiting for? Let's tennis!" (USTA, 2023). Looking for a team, simply email the Willow Creek Tennis Club Committee.

Captains, please keep these deadlines in mind for requesting a team number:

- March 24 USTA Adult 55 & Over, CTA Women's Daytime Doubles
- April 21 USTA Mixed 40 & Over
- April 28 CTA Adult 18-39, USTA Adult 40 & Over, CTA Women's 2.5 18 & Over
- May 19 CTA Women's Summer Daytime, CTA Adult 65 & Over
- June 2 ITA Mixed Doubles
- June 9 CTA Twilight

Can't wait to see you on the courts!



Willow Creek 3 2022 RECYCLING PICK-UP DATES ● Waste Connections: 303-288-2100

Trash day is every Friday (excluding holidays). Recycling pickup takes place every second Friday.

<u>Itasii day</u> is every i fiday (exciduing nondays). <u>Recycling plokap</u> takes place every second i fiday.					
Reminder:	March 2023	April 2023	May 2023	June 2023	
Trash containers are not permitted to be placed on the curb prior to 5 p.m. the night before pickup. Empty containers must be retrieved by 8 p.m. the day of pickup.	FRIDAY March 10 FRIDAY March 24	FRIDAY April 7 FRIDAY April 21	FRIDAY May 5 FRIDAY May 19	SATURDAY June 3 Recycling & trash 1 day holiday delay FRIDAY June 16 FRIDAY June 30	





Easter Egghunt on 4/8/23. Call for details

What Is The Market Doing?

The Denver housing market is expected to stabilize in 2023 compared to last year. Mortgage interest rates are down from the high of over 7% in October and hopefully this trend will continue in 2023. There are fewer homes on the market right now, but the supply is expected to increase in the spring time. Buyers are out searching again and anxious to get under contract before the spring rush. Mortgage applications have surged in Feb. With spring coming and an anticipated inventory increase, now is a very opportune time to list your home on the market if your desire is to sell ahead of the rush. Homes that are prepared and priced well can still sell within 2-3 weeks, and small bidding wars are showing signs of return.

If you need more information about your specific neighborhood or your house, please reach out to me. I am happy to help you with information to make good buying and/or selling decisions and help you navigate the 2023 market.

Client Testimonial from a recent sale in Willow Creek:

"Juhi did an outstanding job selling our home. From the beginning, her expertise, professionalism and knowledge of the real estate market were obvious and invaluable. It was a pleasure to work with someone who continuously went above and beyond to serve her clients. And her steady, positive attitude was constantly reassuring. We couldn't have made a better choice".

Bob and Marliss Correll





Submitted by David Kaplan, Dipl. Ac Colorado Acupuncture Studio

Last weekend, I was collecting old books for donation, when I picked up Green Eggs & Ham. I love this book and used to read it weekly for years to my children. Reflecting back, I found the theme all too familiar. And while green eggs and Acupuncture may seem unrelated at first, they both can be used to illustrate the concept of trying new things. Just as the character in the book is reluctant to try a green dish, some people may be hesitant to try Traditional Chinese Medicine (TCM), Acupuncture or other forms of complimentary medicine for the first time.

I've practiced Acupuncture and TCM for more than 23 years and continue to be amazed by the misconceptions of our medicine and it's place in our culture. Sure, there aren't commercials on TV showing couples holding hands on a beach after an Acupuncture treatment, or rainbows shining after someone took an herbal prescription. So it is only fitting that Acupuncture remains more mystical, waiting for something or someone to bring it to the mainstream.

This is why you may like Acupuncture, here and there, and try it anywhere!

Weigh the alternatives first.

TCM (Medicinal Herbs, Acupuncture & Adjunct Therapies) is primary care for over 1/5 of the world's population because of:

- Safety
- 2. Cost Inexpensive and covered under many insurance plans
- 3. Relatively few side effects
- 4. Painless- thanks to modern manufacturing, needles are hair thin & relatively painless.
- 5. Inherently Natural- Plant based medicine, Ecologically friendly.
- 6. It works. Otherwise it would have faded like other fads.

There are so many reasons why people try Acupuncture, but many use treatment due to frustration or as the last resort. Why? Our medical model follows a very specific outline: schedule a visit to your primary care physician; the physician tries a number of different drugs; lastly, there is a surgical intervention and possibly no positive outcome. So the physician finally says to the patient (after all other invasive procedures have been tried) "Why not try Acupuncture?".

Acupuncture is usually more effective (you'll respond faster) if your body is in a more 'organic' state. This means before taking a pharmaceutical that suppress your symptoms. Let Acupuncture target the root cause of your disease instead of masking symptoms with a drug. Models of care should be challenged, because ultimately it improves standard of care and creates change and progress. I've tirelessly worked on creating a model of Integrative Care that may one day be adopted as a standard of care.

I can write books on why Oriental Medicine is amazing. But no matter how amazing something is, experience will be the best judge. Will you like it? Yes! (98 and 3/4 percent guaranteed.)

And after trying it, I am sure you too will say:

I do like Acupuncture! Thank you! Thank you! Dave-I-am!

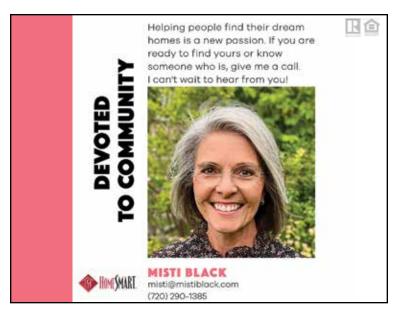




Want to share something in the Willow Works newsletter?

Email kerri@porchlink.com

Submission deadline is the 20th of the preceding month.



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Meeting Highlights from the January 24 CenCON Meeting

Sumitted by Sue Rosser WC 2 CenCON representative

Deputy District Attorney, Jacob Kremin, a member of the 18th Judicial District's Attorney's Office Special Victims Unit/Human Trafficking team, spoke about the increasing problem of human trafficking of youth in the four counties that the 18th serves - Arapahoe, Douglas, Elbert, and Lincoln.

- The average age of entry into a life of being trafficked is just 13 years of age. The average life expectancy once trafficking begins is only seven years, with many dying before reaching their 20th birthday. The most frequent cause of death is homicide, drug overdose, or HIV. Traffickers control as many aspects of their victims' lives as they can, including housing, food, clothing, communication, and transportation.
- In August, the 18th and 40 other Front Range agencies joined the FBI in carrying out "Operation Cross Country 2022" to help identify and rescue child human trafficking victims in Colorado. In a 48-hour period, 11 juvenile victims of sexual exploitation, 27 missing or endangered children, and 11 adult victims were rescued.
- To learn more, visit www.combathumantrafficking.org. To report possible human trafficking or to get help, call 866-455-5075 or text 720-999-9724.

Kristin Eckmann, Communications Director for South Metro Fire Rescue (SMFR), shared these updates:

- 38 candidates completed the Fire Academy in December, and 39 recruits began in February.
- More can be learned about SMFR through numerous informative videos on www.YouTube.com by searching "South Metro Fire Rescue". As mentioned previously, after the reassignment of Station 15's fire apparatus and staff, it will be demolished in March, totally rebuilt, and in service again by mid-2024.

Centennial District 4 City Council member, Don Sheehan, gave an update on Centennial's snow removal policies and the challenges that the city has faced this winter in grappling with the snow and ice. For comprehensive information about the city's plowing priorities, plowing routes, and much more, go to

www.centennialco.gov/home and search for 'snow.' Plowing complaints? Call 303-325-8000.

The main meeting topic was the January 3 start-up of the new Arapahoe County Health Department (ACHD), presented by Nancy Sharpe, the new ACHD Board president (and former Arapahoe County Commissioner) and Heather Baumgartner, ACHD's new Director of Planning & Health Promotion. The 2023 ACHD budget is \$21.3 million, of which nearly 70% is funded by grants, contracts, and fees for service. The health services provided will be essentially the same services that were offered in previous years by Tri-County Health Department (TCHD), but will cost around \$800,000 more this year, mainly due to a loss of economies of scale. Ms. Sharpe and Ms. Baumgartner are available for ACHD presentations to groups. To learn more, go to www.arapahoegov.com/2250/Public-Health.

TCHD began providing public health services to residents of Arapahoe, Douglas, and Adams Counties on January 1, 1948, and ceased operations permanently on December 31, 2022, just one day short of its 75th birthday. Why this change? The mask, vaccination, and school and business closure mandates implemented by TCHD were seen by some as controversial and overreaching, especially by Douglas County, whose county commissioners voted to secede from TCHD and form their own health department in September of 2020. Adams County followed a month later, leaving Arapahoe County standing alone, with no choice but to do the same.

Not in the CenCON meeting but of interest: Our library provider, Arapahoe Libraries, has joined Denver Public Library in deciding not to do any testing for methamphetamine (meth) residue in our libraries at this time. This contrasts with Littleton, Englewood, Arvada, Boulder, and Colorado Springs, which all tested their libraries and found positive results, necessitating month-long library closures to carry out expensive cleanup. This complex problem pits possible health concerns against a lack of existing meth residue standards for public spaces, significant remediation expense, and ultimately, how available library and other public restrooms will be for patron use in the future. An excellent article on this topic can be found by googling 'Colorado Sun, why do Colorado libraries keep closing for meth contamination?



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WC3 Board Meeting Minutes | February 9, 2023

Attendees: Tanya Valis, Diane Kohler, Aiden O'Shea, Steve Lubell, Jerry Grant, Mary Beth Doerr

Absent: Eric Sinclair, Luke Adaline

Tanya Valis our new property manager introduced herself to all meeting attendees. She is now our lead contact person at RowCal.

Resident – Concerned about the full garbage can behind the clubhouse that animals have gotten into. After the meeting this resident and other volunteers brought the garbage to the street. Another resident will lock the cans up on the pool deck, since it seems residents are using these cans for their own use.

Resident also asking if there is an itemized budget for running the clubhouse. At the moment NO, just line items. The board is actively looking for a clubhouse manager.

Pool Maintenance was subpar last summer. The board is negotiating with the Pool Management Company which is one of the only companies that also supply lifeguards.

The board is looking to put together a pool committee to oversee the Pool Management Company and hold them accountable and to work with RowCal regarding pool issues. Two residents offered to be on the committee.

Resident – Concerned about car thefts in our neighborhood and asked if we could install cameras. The board cannot do this and there is no one to monitor cameras and at the moment no money in the budget for this.

Resident – Made us aware of a \$10,00.00 grant program that WC1 and WC2 have applied for and received. This resident will assist the board with the application.

Resident – Advised the board she felt the snow removal from Brightview has been very good so far this season.

Resident – Received a late fee letter, she was told this will be waived since the coupon books did not go out in a timely manner.

Minutes were not in the last Willow Works. The board did not approve those minutes as of this meeting. Resident informed we are looking for someone to volunteer with content for the Willow Works.

2 light poles are out at 8132 E. Phillips Circle – A work order is in place and these will be repaired.

Residents are responsible for contacting Porchlink with Willow Works concerns.

Landscape/Grounds Committee presented a Power Point regarding the placement and type of new trees to be planted this spring. Presentation will be sent to Tanya and the board.

Social Committee – Next event is (was, as of this publishing) 2/23/2023 at Dig In Eats.

Tennis Committee – The board voted to approve the MOU.

Amenities Committee – The board is looking at materials to replace the fence on Quebec

Pool bathroom is set to be remodeled by Memorial Day, the plans are being redone at RowCal's request.

ACC Chairperson informed the board that the ACC is currently working on WC 3 Polices.

A board member is not happy that another board member has had frequent absences from the board meetings (Oct – Feb and March coming up). Although, Luke was on Zoom for the January meeting and will be at the March meeting. This is not acceptable to the board member and feels it shouldn't be tolerated. Other board members agreed, one board member did not and feels the other board member is an asset. The board member feels he should be asked to resign. It was decided Aidan would unambiguously ask for his resignation.

Financial Report – Not correct, Tanya will review and get back to the board. The Financial Report was not approved.

Delinquencies – A neighbor passed away with past due fees outstanding. A lien will be placed on the townhome.

Attorney Report – Nothing to report this month

Short Term Rentals – All short-term rentals need to be licensed by the City of Centennial. If you see a STR in your neighborhood, contact the City of Centennial and they will handle the STR.

WC3directors@gmail.com is being shut down due to threats, criticism and negative comments directed to board members. Residents can come to our monthly meetings or contact the RowCal Care Team with concerns or comments. The Care Team will forward your concerns to the Board.



We have been advertising in the Porchlink newsletters for almost 2 years now. The staff is always professional and pleasant to work with. The newsletter has been very helpful in getting business for our small plumbing company. The ad usually pays for itself each month because so many people use it to get reasonable, trustworthy services.

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PAGE 9 WILLOW WORKS



The Forgotten Heroes Campaign directs searches for veterans who have honorably served their country and presents them and their family member(s); medals; awards; ribbons and badges earned but never received. A public ceremony will be held to present the awards to the deserving veterans. The Forgotten Heroes Campaign also supports other Veteran's organizations.

FORGOTTEN HEROES CAMPAIGN BY THE STATE OF T



forgottenheroescampaign.org

How Does The Program Work?

Through a variety of media sources, Veteran groups and congressional offices, FHC is contacted by men and women who should have been awarded earned medals and other decorations by the United States or by foreign countries, but were never officially presented.

The Campaign provides the Veteran with the correct forms and information, and conducts research to support the case for having the awards issued.

The campaign utilizes its extensive contacts within Congress and the Military to expedite the processing of these applications with the Veteran's Administration and Department of Defense.

Upon issuance, the FHC will coordinate presenting the awards to the Veteran or his/her family an appropriate ceremony.

If you know of a veteran who is missing any military awards including medals, please visit our contact page and submit an application form.

Article submitted by Barry Fiore, Public Relations Director for The Forgotten Heroes Campaign and Centennial Resident

Phone: 303-507-6034 | Email: arfiore@centurylink.net 8039 S. Newport Ct, Centennial, CO 80112

Want to share something in the Willow Works newsletter? Send us a note at kerri@norchlink.com



Saturday, April 22, 2023 Starting at 8:00 a.m.

If you would like to participate, please send your name, phone number, address, and items for sale to Natisha.doherty@gmail.com

Brought to you by your local HomeSmart Realtors Natisha Doherty and Misti Black.

Natisha Doherty Cell: 619-757-5759 Natisha.doherty@gmail.com



Misti Black
Cell: 720-290-1385
misti@mistiblack.com



Full Moon Calendar for 2023 2023 is a BLUE MOON YEAR!

13 full moons occur in 2023, due to a second full moon on August 30th

March 7th: Worm Moon	BLUE MOON	
April 6th: Pink Moon	August 30th: Blue Moon	
May 5th: Flower Moon	September 29th: Harvest Moon	
June 3rd: Strawberry Moon	October 28th: Hunter's Moon	
July 3rd: Buck Moon	November 27th: Beaver Moon	
August 1st: Sturgeon Moon	December 26th: Cold Moon	



March Madness

Did You Know.... Statistically, March is the most unproductive month of the year in the U.S. This is the result of "March Madness," which is the season of NBA. Some companies lose up to \$1.9 billion in wages paid to workers who were not productive and instead spent company time on betting on NBA games.

Source: Community Honda, Baytown, TX

Thinking of advertising with Porchlink?



Classified advertising through Porchlink has been pleasant and productive for our small business. We've received a great deal of business in the targeted areas the newsletter reaches.

Valerie Petersen

Petersen Custom Glass, LLC



info@smittyssprinklers.com www.smittyssprinklers.com

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- TRAVIS B Centennial, CO



"With everybody in our family being so connected, we need fast and reliable Internet. No more disconnected video conference calls for my work. And no more interruptions when the children are trying to complete online assignments for school."

- KEN G Centennial, CO

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Irish Stew

Recipe: https://www.dinneratthezoo.com | Author: Sara Welch

This Irish stew is a blend of tender meat, carrots, and potatoes – all simmered to perfection in a savory and complex beer broth. It's the perfect comfort food meal for a cold night!

Prep Time: 20 minutes | Cook Time: 3 hours | Total Time: 3 hours 20 minutes

Servings: 8 | Calories: 387 kcal

Ingredients

- 2 tablespoons olive oil
- 3 pounds beef stew meat
- · 1 cup onion coarsely chopped
- 1 tablespoon minced garlic
- 1/4 cup all-purpose flour
- 1 cup Irish stout beer
- · 4 cups beef broth
- 1/4 cup tomato paste
- 2 pounds small yellow potatoes halved
- 1/2 teaspoon dried thyme leaves
- 2 cups carrots peeled, halved and cut into 1-inch pieces
- Salt and pepper to taste
- 2 tablespoons chopped parsley

Instructions

- 1. Preheat the oven to 350 degrees F.
- Heat the olive oil in a large pot over medium-high heat. Season the beef generously with salt and pepper to taste.
- 3. Add half the beef cubes to the pot in a single layer. Cook for 3-4 minutes per side or until browned. Remove the beef from the pot and repeat with remaining meat. Remove all the browned meat from the pot.
- 4. Add the onions to the pot and cook for 5-6 minutes or until tender. Add the garlic and cook for 30 seconds.
- 5. Return the meat to the pot. Add the flour and stir to coat the meat and onions.



- Add the beer, beef broth, tomato paste, potatoes, thyme, and carrots to the pot. Season with salt and pepper to taste. Stir to combine and bring the pot to a simmer.
- 7. Cover the pot. Place it in the oven and bake for 2 1/2-3 hours or until meat and vegetables are tender. Sprinkle with parsley, then serve.

Note: This recipe can easily be adapted for use in the slow cooker. Brown the meat, onions, and garlic, then place all of the ingredients in a crock pot except for the parsley. Cook on low for 6-8 hours. Add the parsley, then serve.

Do you have a favorite recipe you'd like to share? Let us know at kerri@porchlink.com.





Willow Creek 3

Are you getting your

WILLOW WORKSP

Please contact

kerri@porchlink.com if you need to update your mailing address.

WILLOWCREEK3.COM News, information and updates from the Willow

- News, information and updates from the Willow Creek 3 Board of Directors
- Important contacts and links
- Community events & meetings
- Detailed Architectural Control information
- Pool & tennis court info
- Dolphins Swim Team
- Tennis Club
- Women's Club
- Photos & More

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Parents Night Out Various Dates:

Hey parents! Take the night off and bring your kids (ages 3-12) to a movie night, complete with pizza and popcorn. Movie nights are supervised by trained childcare staff. Spring dates and movies include:

- March 10: Soul
- April 14: Ratatouille
- May 12: Finding Nemo

Call for Artists: Art on Loan Program, Permanent Art at Holly Park:

The South Suburban Public Art Committee currently has two opportunities for local artists to show off their work:

- Art on Loan: Applications are open for the 2023 Art on Loan program. Selected sculptures will be displayed at Goodson Recreation Center or Hudson Gardens for a year. Learn more and apply by March 20: www.ssprd.org
- Art at Holly Park: The Public Art Committee is accepting proposals for a new permanent sculpture at Holly Park. Learn more and apply by April 14: www.ssprd.org

Spring Sale: March 13-26:

South Suburban's Spring Sale runs from March 13-26! Deals will be available to purchase at register.ssprd.org and at any of South Suburban's 4 recreation centers.

Spring Sale Deals:

- Buy a 20-pack of admission punches, get 5 free
- Buy a 10-pack of 1-hour Personal Training or Private Reformer packages, get 1 free

2023 South Suburban Board Election:

The next regular election for the South Suburban Parks & Recreation Board of Directors will be held on May 2. More information, including instructions for receiving an absentee ballot, is available at ssprd.org/election.

Upcoming Events

On-the-Spot Hiring Events

Tuesdays & Thursdays in March

Do you enjoy working in nature? Want to make a positive impact in your community? South Suburban is seeking to fill immediate openings in the Parks & Open Space department. Hiring events will be held every Tues. & Thurs. in March, starting March 7. Tues. events will be held from 8-10 am, and Thurs. events will be held from 2-4 pm. All events will take place at the South Suburban Service Center (5500 Boatworks Dr.). View all positions and apply here: https://careers.ssprd.org/

Coffee and Chat: Fall Prevention with Nymbl

Thurs., March 9

Improve your balance and get moving with Nymbl. Nymbl and the Denver Regional Council of Governments (DRCOG) are offering a free at-home balance improvement program, and community members are invited to attend a free Coffee and Chat at Lone Tree Recreation Center to learn more. Register here: register.ssprd.org



Centennial Happenings!

By: Lynne McKinley

A few years ago, I attended a course called Centennial 101. It was an 8-week night class series offered by the city of Centennial, and taught everything about how the city came to be and how it is operated today. I anticipated some dry nights but found it exceptional. I was really impressed about how efficiently the city is managed. Check the city's website for the next time this course is offered. I can't recommend it more highly!

On that note, we see the growth of Centennial around us. It's pretty exciting when a Shake Shack or Pindustry opens so close to our neighborhood. I was curious about what other businesses are looking to open nearby. I called the city and was informed of the following:

- My Neighbor Felix will be opening soon (maybe by the time this
 is published) at the old Landry's Seafood House location. This is
 a Colorado Pan Mexican restaurant that has other locations in
 Boulder and LoHi.
- 2. Basketball Social House Are you passionate about basketball? This 21,000 square foot establishment is on the corner of University and Dry Creek. Their motto is Eat.Dribble.Drink.
- 3. About a year ago, Denver Biscuit Co., at County Line and Quebec, opened for breakfast, brunch and lunch. It was started by Drew Shader, a Florida resident, who came to Colorado as a CU Boulder student. He noticed Colorado lacked for good southern biscuits. This place is full of them!
- 4. Word is that Urban Air Trampoline and Adventure Park is looking to locate in the same shopping center as Denver Biscuit Co.
- 5. Candeeland Kids just opened near Pindustry. The line was long when I checked out this indoor play park. Those who were leaving said it was really fun.

For those of us who like to play pickleball, we need more indoor courts! Word is that a facility may open near Top Golf. Nothing signed and sealed on that yet. Stay tuned!

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Natural Neighbors

Submitted by wildlife photographer Conner McGann

Song Sparrow

- Look and listen for this small bird along the creek in bushes and tall grasses
- Its sweet song makes it one of the top songbirds in America
- Males learn new songs which are more attractive to females

Hear the Song Sparrow's song here⇒







Be Alert For Coyotes

Although coyote incidents within our Willow Creek community appear to be



down recently, it's important not to become complacent. According to the Colorado Department of Parks & Wildlife, February and March are the primary months for coyotes to mate, followed by the births of pups within about 60 days. Coyotes can be especially territorial during these times.

Although threatening encounters between coyotes and humans are not common, pets are a different story. Be alert at all times when a pet is outside, even if in your fenced yard.

If needed, here are some phone numbers: Centennial Animal Services, 303 325-8070; Colorado Parks and Wildlife, 303 291-7227; 911 for emergencies.



Willow Creek Pets

Dogs must be leashed when they are out and about in our community. Both the city and our HOA require it. City of Centennial Animal Control patrols Willow Creek and will issue warnings and tickets to offenders. There have been serious incidents in the past where unleashed dogs have injured other pets and/or caused residents

to be concerned for their safety.

Don't forget to clean up after your pet when dog walking. The city of Centennial (municipal code 7-7-320) as well as Willow Creek 3 policies, require that pet owners remove and dispose of pet waste on any property other than that of the owner or keeper. In other words, when you are out and about with your dog, don't leave a mess. City fines start at \$50 and can include a Municipal Court appearance. And if you see someone not following the rules, please let them know. Also, both Willow Creek 3 and the city require that dogs be leashed and under control when out in the community.



Smitty's has advertised with Porchlink over the course of several years and we find the experience seamless. As a seasonal business we often find ourselves with an exceedingly large workload in our day to day processes and we greatly appreciate that we can count on Kerri at Porchlink to touch base with us to ensure we have our ad out. We have worked with other companies responsible for HOA newsletters and found when it came to us the advertisers, our needs were never a priority. The professional working relationship we've exercised over the years with Porchlink has surpassed our needs. We would recommend them to any business looking to get their name out to the community.

Sarah Smith

Marketing Manager for Smitty's Sprinklers

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